

To find your ring size, you can use either the Printable Ring Sizer below, or you can measure your finger and use the Ring Size Chart below.

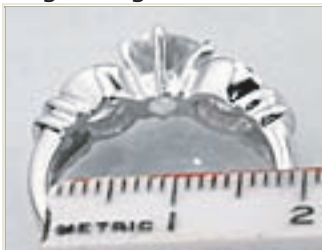
Option 1: Printable Ring Sizer



- Print this page.
- Cut out the ring size guide along the bottom of the guide and above the numbers so the piece of paper is approximately 1/4-1/2 inch wide.
- Wrap the piece of paper around the finger in which the ring is to be placed with the numbers facing out.
- The number that meets the end of the paper with the star is your ring size.

Option 2: Ring Size Chart

To find your ring size: Simply measure the circumference (distance around) your finger (with something flexible, such as a strip of paper or piece of string, and a ruler with millimeter measurements). Or, measure the diameter (distance across) in millimeters of a ring you currently wear. Find the nearest measurement on the chart below. That's approximately your ring size. (When in doubt between two sizes, it is always safer to go to the next larger ring size. This ensures your new ring will fit you.)



An example of measuring the diameter of a ring. The inside of this ring is approximately 18mm in diameter, making it a size 7 on the chart below. **(you must use a metric ruler to use this option)**

Ring Size	Circumference (in mm)	Diameter (in mm)
4	50 mm	16 mm
5	53 mm	17 mm
6	55 mm	17.5 mm
7	57 mm	18 mm
8	60 mm	19 mm
9	63 mm	20 mm
10	66 mm	21 mm
11	68 mm	21.5 mm
12	71 mm	22.5 mm
13	73 mm	23 mm
14	76 mm	24 mm